

Being a Registered Nurse feeds my soul and allows me to give back to my community daily; I'm nourished by the people, my work, and the environment.

I helped initiate the Green Group, an interdisciplinary team working to make UCSF more environmentally friendly, through education and action.

It is part of my responsibilities', as a global citizen, to work towards community sustainability. I have helped increase recycling efforts. I've also helped organize a public conference, Focus the Nation, where we will educate our community about global climate change and health care. I'm driving the movement towards eliminating harmful chemicals from our workplace; to prevent our children from the devastating effects of environmental toxics.

My personal journey is to create a paradigm shift towards a more environmentally friendly health care system. If I can help change my hospital and my community; I can help the world.

I have always dreamed of participating in the Olympics because of the spirit of being *one world*.

I feel I have helped start a movement at UCSF. I have inspired others to do what is right and to give them the opportunity to make sustainable changes within themselves and in our community.

Lisa Hartmayer